

Bread of Life Emergency Food Pantry
Messiah Lutheran Church
2850 Guilderland Avenue, Schenectady, NY 12306
518.355.2311

Client Intake Form

Client Documentation *(Please print clearly)* Household # _____

Client Name: *(First, Last)* _____

Address: _____ Phone # _____

Type of ID: Verified by Food Pantry Volunteer: _____

- Driver's License
- Permanent Resident Card
- Valid Passport
- State Identification Card
- Military ID

Household Information *(Please answer all questions)*

____ Total Number of individuals living in your household

____ Total Number of adults ages 18-55

____ Total Number of seniors over age 55

____ Total Number of children under 18

Dietary Needs *(please check all that apply)*

- Low Salt
- Low Sugar
- Vegetarian
- Pregnant
- Lactose Intolerant
- Diabetic
- Food Allergies *(please specify)* _____
- Other *(please specify)* _____

I certify all statements are true and accurate to the best of my knowledge.

Client Signature

Date

ITEMS IN STOCK

(ONLY ALLOWED 2 OF ANY 1 ITEM, ONLY 1 ITEM OF TOILET PAPER & PAPER TOWELS)

You may choose ____ items.

Grains

- Egg Noodles
- Pasta
- ♥ Rice (plain or brown)
- ♥ Rice Pouches (flavored)
- Stuffing
- Pasta sides

Breakfast Items

- ♥ Cereal
- Pancake Mix (complete)
- Pancake Syrup
- Poptart
- ♥ Oatmeal Packets

Vegetables (canned)

- ♥ Corn
- ♥ Green Beans
- ♥ Peas
- ♥ Carrots
- ♥ Tomatoes
- ♥ Tomato Sauce (not spaghetti sauce)
- ♥ Potatoes (canned)
- ♥ Potatoes (mashed)
- Mushrooms
- ♥ Beets

Fruit (canned)

- ♥ Peaches
- ♥ Pineapple
- ♥ Pears
- ♥ Applesauce
- ♥ Fruit Cocktail
- Cranberry Sauce
- Mandarin Oranges

Protein (canned/jar)

- ♥ Peanut Butter
- ♥ Tuna
- ♥ Canned Beans
- ♥ Kidney Beans
- ♥ Chicken
- Spam
- Corned Beef Hash

Ready Made Meals

- "Helper" Meals (hamburger)
- Manwich (sloppy joes)
- Chili

Combination Foods

- Spaghetti Sauce
- Macaroni & Cheese
- Soup
- Canned Pasta
- Canned Stew
- Ramen Noodles (chicken)
- Ramen Noodles (beef)

Desserts/Snacks

- Pudding
- ♥ Animal Crackers
- Crackers
- Popcorn
- Jell-O

Miscellaneous Items (5 items max)

Please choose five items from the list below, with a maximum of one of each.

- Coffee (regular)
- Evaporated Milk
- Tea
- Apple Juice
- Jelly/Jam
- Juice-to-Go (to be added to water bottle)
- Coffee Creamer
- Ketchup
- Mustard
- Mayonnaise
- Oil
- Paper Towels
- Dish Soap
- Toilet Paper
- Bar Soap
- Shower Gel
- Shampoo
- Toothpaste
- Toothbrush
- Deodorant – Men/Women
- Wipes