

## **BREAD OF LIFE EMERGENCY FOOD PANTRY DONATION ITEMS**

*Please place your items in the bin located by the sanctuary doors in the narthex. Thank you!*

### **Grains**

Egg Noodles  
Pasta (spaghetti, macaroni etc.)  
Rice (plain)  
Rice Pouches (flavored)  
Other Grains

### **Breakfast Items**

Unsweetened Cereal (Corn Flakes, Rice Krispies, etc.)  
Lightly Sweetened Cereal  
Pancake Mix (Complete)  
Pancake Syrup  
Oatmeal Packets  
Pop-tarts

### **Vegetables (Canned)**

Corn  
Green Beans  
Peas  
Carrots  
Mixed Vegetables  
Tomatoes (stewed, diced, etc.)

### **Fruit (Canned)**

Peaches  
Pineapple  
Pears  
Applesauce  
Fruit Cocktail

### **Protein (Canned/Jar)**

Peanut Butter  
Tuna  
Canned Beans (Pork & Beans, Baked Beans, etc.)  
Chicken  
Spam  
Ham

### **Beverages**

Coffee (Decaf/Regular)  
Milk (shelf stable)  
Evaporated Milk  
Juice Boxes  
Tea

### **Combination Foods**

Spaghetti Sauce  
Macaroni & Cheese  
Soup  
Canned Pasta (Ravioli, Spaghetios, etc.)  
Canned Stew  
Ramen Noodles

### **Ready Made Meals**

Hamburger Helper  
Tuna Helper  
Boxed Meals with Meat

### **Desserts/Snacks**

Cookies  
Pudding  
Granola Bars  
Animal Crackers  
Graham Crackers  
Crackers (saltine, butter, oyster, etc.)  
Fruit Snacks  
Raisins

### **Miscellaneous**

Jelly/Jam  
Coffee Creamer  
Spices  
Oil  
Paper Towels  
Paper Napkins  
Dish Detergent

### **Baby Items**

Baby Food (Stage 1 & Stage 2)  
Diapers  
Wipes  
Baby Wash

### **Health Care Items**

Toilet Paper  
Soap/Shower Gel  
Shampoo  
Toothpaste  
Toothbrush  
Deodorant

**Should you wish to make a monetary donation to the Bread of Life Emergency Food Bank, please see  
Joyce Gresham**