

**Bread of Life Emergency Food Pantry**  
**Messiah Lutheran Church**  
**2850 Guilderland Avenue, Schenectady, NY 12306**  
**518.355.2311**

**Client Intake Form**

**Client Documentation** *(Please print clearly)* Household # \_\_\_\_\_

Client Name: *(First, Last)* \_\_\_\_\_

Address: \_\_\_\_\_ Phone # \_\_\_\_\_

Type of ID: Verified by Food Pantry Volunteer: \_\_\_\_\_

- Driver's License
- Permanent Resident Card
- Valid Passport
- State Identification Card
- Military ID

**Household Information** *(Please answer all questions)*

\_\_\_\_ Total Number of individuals living in your household

\_\_\_\_ Total Number of adults ages 18-55

\_\_\_\_ Total Number of seniors over age 55

\_\_\_\_ Total Number of children under 18

**Dietary Needs** *(please check all that apply)*

- Low Salt
- Low Sugar
- Vegetarian
- Pregnant
- Lactose Intolerant
- Diabetic
- Food Allergies *(please specify)* \_\_\_\_\_
- Other *(please specify)* \_\_\_\_\_

*I certify all statements are true and accurate to the best of my knowledge.*

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

## ITEMS IN STOCK

(ONLY ALLOWED 2 OF ANY 1 ITEM, ONLY 1 ITEM OF TOILET PAPER & PAPER TOWELS)

You may choose \_\_\_\_ items.

### Grains

- Egg Noodles
- Pasta
- ♥  Rice (plain)
- ♥  Rice Pouches (flavored)
- Stuffing
- Pasta sides

### Breakfast Items

- ♥  Cereal
- Pancake Mix (complete)
- Pancake Syrup
- Poptart
- ♥  Oatmeal Packets

### Vegetables (canned)

- ♥  Corn
- ♥  Green Beans
- ♥  Peas
- ♥  Carrots
- ♥  Tomatoes
- ♥  Tomato Sauce (not spaghetti sauce)
- ♥  Potatoes (canned)
- ♥  Potatoes (mashed)
- Mushrooms
- ♥  Beets

### Fruit (canned)

- ♥  Peaches
- ♥  Pineapple
- ♥  Pears
- ♥  Applesauce
- ♥  Fruit Cocktail
- Cranberry Sauce
- Mandarin Oranges

### Protein (canned/jar)

- ♥  Peanut Butter
- ♥  Tuna
- ♥  Canned Beans
- ♥  Kidney Beans
- ♥  Chicken
- Spam
- Corned Beef Hash

### Ready Made Meals

- "Helper" Meals (hamburger)
- Manwich (sloppy joes)
- Chili

### Individual Sized Items

- Juice-to-Go (to be added to water bottle)

### Combination Foods

- Spaghetti Sauce
- Macaroni & Cheese
- Soup
- Canned Pasta
- Canned Stew
- Ramen Noodles (chicken)
- Ramen Noodles (beef)

### Desserts/Snacks

- Pudding
- ♥  Animal Crackers
- Crackers
- Popcorn
- Jell-O

### Miscellaneous Items

- Coffee (regular)
- Evaporated Milk
- Tea
- Apple Juice
- Jelly/Jam
- Coffee Creamer
- Ketchup
- Mustard
- Mayonnaise
- Oil
- Paper Towels
- Dish Soap
- Toilet Paper
- Bar Soap
- Shower Gel
- Shampoo
- Toothpaste
- Toothbrush
- Deodorant – Men/Women
- Wipes